

Cost

WHAT WILL I PAY OUT-OF-POCKET?

Many medicines for ADHD work equally well. They may differ a lot in the out-of-pocket cost to you based on your insurance plan. Cost is often good to think about when picking a medicine.

If the out-of-pocket cost of medicine is important to you, please fill in this table.

You can find out your costs by talking to your insurance company. You can call the phone number or go to the website listed on your insurance card.

Medication	Cost		
	30 day supply	90 day supply	Generic available
METHYLPHENIDATES			
Ritalin®			yes
Focalin®			no
Methylphenidate HCL Chewable Tablet			no
Methylin Solution®			yes
Ritalin® LA			yes
Metadate® ER			yes
Metadate® CD			yes
Concerta®			yes
Focalin® XR			no
Aptensio® XR			no
Quillivant® XR			no
Quillichew® ER			no
Daytrana®			no
AMPHETAMINE SALTS			
Adderall®			yes
Evekeo®			no
Zenzedi®			yes
ProCentra®			no
Dexedrine Spansule®			yes
Adderall® XR			yes
Vyvanse®			no
Dyanavel® XR			no
Adzenys® XR-ODT			no
ATOMOXETINE			
Strattera®			no
GUANFACINE			
Tenex®			yes
Intuniv®			no



Duration

HOW LONG WILL MEDICINE LAST?

Medication	Duration												HOURS
METHYLPHENIDATES													
				8					16			24	
Ritalin®	■	■	■										4–6
Focalin®	■	■	■										4–6
Methylphenidate HCL Chewable Tablet	■	■	■										4–6
Methylin® Solution	■	■	■	■									4–6
Ritalin® LA	■	■	■	■	■								8–9
Metadate® CD	■	■	■	■	■								8–9
Concerta®	■	■	■	■	■	■							10–11
Focalin® XR	■	■	■	■	■	■							8–9
Aptensio® XR	■	■	■	■	■	■	■						11–12
Quillivant® XR	■	■	■	■	■	■	■						11–12
Quillichew® ER	■	■	■	■	■								8
Daytrana®	■	■	■	■	■	■	■						9+
AMPHETAMINE SALTS													
Adderall®	■	■	■										4–6
Evekeo®	■	■	■										4–6
Zenzedi®	■	■	■										4–6
ProCentra®	■	■	■										4–6
Dexedrine Spansule®	■	■	■	■									6–8
Adderall® XR	■	■	■	■	■								8–9
Vyvanse®	■	■	■	■	■	■							10–12
Dyanavel® XR	■	■	■	■	■	■	■						11–12
Adzenys® XR-ODT	■	■	■	■	■	■	■						11–12
ATOMOXETINE													
Strattera®	■	■	■	■	■	■	■	■	■	■	■	■	24
	after 3 weeks of use, should work 24 hours a day												
GUANFACINE													
Tenex®	■	■	■	■	■	■	■						12
Intuniv®	■	■	■	■	■	■	■	■	■	■	■	■	24
	after 2 weeks of use, should work 24 hours a day												







* Based on FDA-approved drug labeling



Improvement

HOW MUCH WILL MEDICINE HELP?

Medication Type	Short Term ADHD Symptom Reduction		
METHYLPHENIDATES			
	Fewer symptoms	No change	More symptoms
Ritalin® Focalin® Methylphenidate Chewable Methylin® Solution Ritalin® LA Metadate® ER Metadate® CD Concerta® Focalin® XR Aptensio® XR Quillivant® XR Quillichew® ER Daytrana®	 <p>IMPROVEMENT</p> <p>effect size = 0.8</p>		
AMPHETAMINE SALTS			
Adderall® Evekeo® Zenzedi® ProCentra® Dexedrine Spansule® Adderall®XR Vyvanse® Dyanavel® XR Adzenys® XR-ODT	 <p>IMPROVEMENT</p> <p>effect size = 0.8</p>		
ATOMOXETINE			
Strattera®	 <p>IMPROVEMENT</p> <p>effect size = 0.6</p>		
GUANFACINE			
Tenex® Intuniv®	 <p>IMPROVEMENT</p> <p>effect size = 0.6</p>		

Effect Size: The amount of improvement in ADHD symptoms from taking medicine.

Small effect = 0.2 - 0.4

Medium effect = 0.5 - 0.7

Large effect > 0.8



Side effects

WHAT SHOULD I WATCH FOR?

Medication Type	Most common	Less common	Least common
METHYLPHENIDATES			
Ritalin® Focalin® Methylphenidate Chewable Methylin® Solution Ritalin® LA Metadate® ER Metadate® CD Concerta® Focalin® XR Aptensio® XR Quillivant® XR Quillichew® ER	<ul style="list-style-type: none"> • Decreased appetite • Weight loss • Trouble falling asleep • Stomach aches • Headaches • Increased crabbiness • Irritability • Mood swings • Increased anxiety and/or crying • Rebound of ADHD symptoms • Grumpiness as medication wears off • Social withdrawal or overly focused on tasks 	<ul style="list-style-type: none"> • Dry mouth • Fatigue • Tics (nervous twitches or vocalizations) 	<ul style="list-style-type: none"> • Increased heart rate and/or blood pressure • Growth suppression or delay • Hallucinations (seeing or hearing something that is not real) • Priapism (prolonged and sometimes painful erections) • Erectile dysfunction
Daytrana®	Same as above, <ul style="list-style-type: none"> • Also skin irritation or rash at the site of application • Pain (stinging/ burning) when removed 	Same as above	Same as above
AMPHETAMINE SALTS			
Adderall® Evekeo® Zenzedi® ProCentra® Dexedrine Spansule® Adderall®XR Vyvanse® Dyanavel® XR Adzenys® XR-ODT	Same as above	Same as above	Same as above
ATOMOXETINE			
Strattera®	<ul style="list-style-type: none"> • Nausea • Vomiting • Fatigue • Decreased appetite • Abdominal pain • Drowsiness 	<ul style="list-style-type: none"> • Headaches • Irritability • Weight loss 	<ul style="list-style-type: none"> • Increased heart rate and/or blood pressure, • Growth suppression or delay
GUANFACINE			
Tenex® Intuniv®	<ul style="list-style-type: none"> • Drowsiness • Headaches • Fatigue • Sedation • Dizziness • Irritability • Stomach aches • Nausea 		



Daily routine

DOES MY CHILD NEED TO SWALLOW A PILL?

Medication Type	Times/day	When Taken	Method
METHYLPHENIDATES			
Ritalin®	2 – 3	☉ AM ☉ AM ☉ 4 hrs	Swallow whole or CRUSH to put in food
Focalin®	2 – 3	☉ AM ☉ AM ☉ 4 hrs	Swallow whole or CRUSH to put in food
Methylphenidate Chewable	2 – 3	☉ AM ☉ AM ☉ 4 hrs	Chew tablet and swallow
Methylin® Solution	2 – 3	🍷 AM 🍷 4 hrs 🍷 4 hrs	Swallow liquid (grape flavor)
Ritalin® LA	1	☉ AM 45 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Metadate® ER	1	☉ AM 45 min. before class or activity	Swallow whole or CRUSH to put in food
Metadate® CD	1	☉ AM 45 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Concerta®	1	☉ AM 90 min. before class or activity	Swallow ONLY
Focalin® XR	1	☉ AM 45 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Aptensio® XR	1	☉ AM 45 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Quillivant® XR	1	🍷 AM 45 min. before class or activity	Swallow liquid (banana flavor)
Quillichew® ER	1	☉ AM 45 min. before class or activity	Chew tablet and swallow
Daytrana®	1	☉ AM 2 hours before class or activity, lasts 3 hours after removal	Patch
AMPHETAMINE SALTS			
Adderall®	2 – 3	☉ AM ☉ AM ☉ 4 hrs	Swallow whole or CRUSH to put in food
Evekeo®	2–3	☉ AM ☉ AM ☉ 4 hrs	Swallow whole or CRUSH to put in food
Zenzedi®	2–3	☉ AM ☉ AM ☉ 4 hrs	Swallow whole or CRUSH to put in food
ProCentra®	2–3	🍷 AM 🍷 4 hrs 🍷 4 hrs	Swallow liquid (bubble bum flavor)
Dexedrine Spansule®	1	☉ AM 60 min. before class or activity	Swallow ONLY
Adderall®XR	1	☉ AM 45 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt
Vyvanse®	1	☉ AM 60 min. before class or activity	Swallow, or sprinkle in applesauce, pudding, or yogurt, or dissolve in liquid
Dyanavel® XR	1	🍷 AM	Swallow liquid (bubblegum flavor)
Adzenys® XR-ODT	1	☉ AM	Allow pill to disintegrate in mouth then swallow (orange flavor)
ATOMOXETINE			
Strattera	1	☉ AM OR ☉ PM *	Swallow
GUANFACINE			
Tenex	2	☉ AM AND ☉ PM	Swallow whole or CRUSH to put in food
Intuniv	1	☉ AM OR ☉ PM *	Swallow ONLY

* Take pill in the morning, or at night if causing drowsiness.
It takes **2 to 3 weeks** for medicine to reach beneficial level.

